



How to stop Your child Losing their arms (and legs)

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Ignorance is not bliss

- It will cost you or your neighbour or your relatives a lot. Sometimes it costs an arm and occasionally a leg.

Straight is good

- Arms and legs are designed to be straight so keep them so

Crooked is bad

- It leads to loss of blood supply nerve supply and eventually the arm or leg falls off or has to be cut off.

What to watch out for

- Colour of the limbs fingers and toes
- Swelling
- Tooooo much pain

Important points

- Elbow fractures are the most dangerous
- be careful about who is treating your child
- Don't take no for an answer if you are not happy

What to do if help is delayed

- Keep the limb straight with splints
- Keep the limb elevated
- Keep wounds covered with a clean cloth
- Give painkillers
- Get help